



Solicitors' Help Lines

(<http://www.lawsociety.org.uk/productsandservices/helplines.page>)

The Law Society help lines provide advice, support and access to pastoral care for solicitors. Some of these help lines can also be contacted online, by e-mail and by fax. Go to the websites for further information.

Please note: These help lines are for **solicitors, their staff and (in some cases) their families only** and are not available to members of the public.

Law Society help lines

Practice Advice Service - 0870 606 2522

Help for solicitors and their staff with issues of legal practice, policy and procedure from our team of experienced solicitors. They can also assist with questions about the anti-money laundering regulations. Lines are open from 0900 to 1700, Monday to Friday.

Pastoral Care Helpline - 020 7320 5795

Are you a solicitor who needs help with personal, financial, professional or employment problems? If you don't know where to turn for help, call this line and they will refer you to the most suitable helpline for your circumstances. Lines are open from 0900 to 1700, Monday to Friday.

JLD Helpline - 08000 856 131

Freephone helpline for junior lawyers who need to talk to someone about a problem. Lines are open 09:00 to 21:00, Monday to Friday.

External Pastoral Care Help Lines the LS may refer you to

LawCare - 0800 279 6888

Support for members of the legal profession and their families on issues relating to stress, depression, addiction and other health problems. Lines are

open from 09:00 to 19:30 weekdays and 10:00 to 16:00 on weekends and bank holidays.

Solicitors' Assistance Scheme - 020 7117 8811

Confidential legal advice for solicitors, trainee solicitors and the staff and family of solicitors, on professional and personal difficulties.

Solicitors Benevolent Association

The Solicitors Benevolent Association (SBA) is the principal nationwide charity for solicitors in England and Wales. The aim of the Association is to assist solicitors and their dependants who are in need.

Maternity and Paternity Helpline - 0870 043 4844

Advice for solicitors, men as well as women, on their rights in relation to childcare issues.

Other help lines

Ethics helpline - 0870 606 2577

Provided by the Solicitors Regulation Authority.

Lawyerline - 0870 606 2588

An advice line for solicitors offering general complaint handling guidance.

Contact Centre - 0870 606 2555

Provided by the Solicitors Regulation Authority to assist solicitors with enquiries relating to practising certificates, continuing professional development (CPD) and other general enquiries.

This note is written as a general guide only, and is not applicable to every firm or circumstance. It should not be relied upon as a substitute for specific business or personal advice.

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